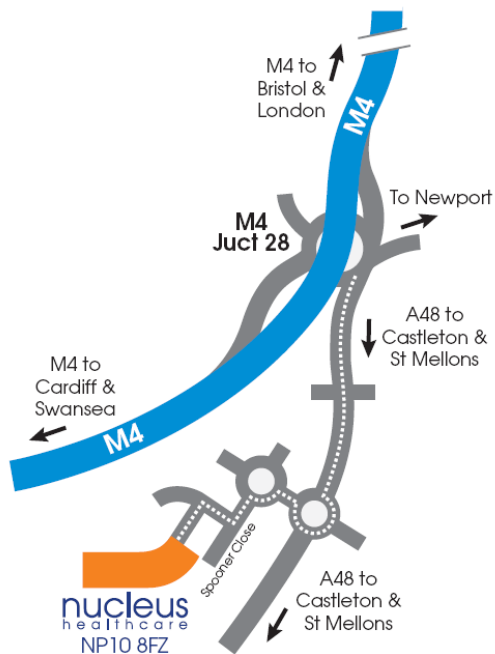


This fact sheet was designed to help you. Please do not hesitate to ask any questions of our specialists and nurses

If you have any problems following your procedure please ring Nucleus Healthcare during opening hours 07.30hrs – 18.00hrs



ANORECTAL MANOMETRY

Nucleus Healthcare
Spooner Close
Newport
NP10 8FZ

TELEPHONE 01633 815900

FAX 01633 815915

This leaflet is intended to answer some of the questions you may have about your Anorectal Manometry Test.

Why do I need this test?

You will have recently attended for an outpatient appointment with problems associated with faecal incontinence, constipation or other bowel problems.

Your consultant has requested these tests so he/she can establish what exactly is causing your particular problem. He/she can then offer the most appropriate treatment

What is Anorectal Physiology?

Anorectal physiology is a test that looks at the strength of the muscles in your anal canal to see if they are working normally. It also checks the sensitivity of the rectum.

How long will the test take?

The test will be carried out by a specialist nurse/physiologist and will take approximately one hour.

What does the test involve?

On arrival in the department the specialist nurse/physiologist will ask you questions about your bowel habits.

You will be asked to remove your lower clothing and lie on a bed. A fine probe, tube, will be inserted into your anus, back passage. The tube will be attached to a lead and a computer. You will be asked to squeeze and relax your back passage several times, so that a recording can be made of how your anal, back passage, muscles respond.

The specialist nurse/physiologist will insert a deflated balloon into the anus, back passage, and inflate a small amount of air to stimulate a stool in order to see how your anal, back passage, muscles respond.

Will I need to have any preparation?

No, but it may be helpful and more comfortable for you if you could pass urine and have your bowels opened before attending, if this is possible.

Will it hurt?

No, you will not feel any discomfort during this test and there are no associated risks with this procedure.

You may feel embarrassed but the specialist nurse/physiologist will understand this and will help you to overcome your embarrassment.

What happens next?

The results of the test will be sent to the consultant, who will make a decision about the need for further treatment. The consultant will send you a clinic appointment to discuss your results.

Contact

If you have any questions you would like to ask, prior to your test, please contact us on the following telephone numbers:

Direct Line: 01633 811227

Main hospital line: 01633 815900